



New Patient Intake Form

Patient Data**Date****Title:** (Check one) Mr. Mrs. Ms. Miss Dr. Other _____**First Name** _____ **Middle Initial** _____ **Last Name** _____**Address Line 1** _____**Address Line 2** _____**City** _____ **State** _____ **Zip Code** _____**Home Phone** (____) _____ - _____ **Work Phone** (____) _____ - _____**Cell Phone** (____) _____ - _____ **Email** _____**Date of Birth** ____ / ____ / ____**Sex:** Male Female**Marital Status:** Single Married Other**Number of Children:** _____**Employment Status:** Employed Unemployed FT Student PT Student Other _____**Emergency Contact****Contact Name** _____ **Relationship to Patient** _____**Contact Home Phone** (____) _____ - _____ **Cell Phone** (____) _____ - _____**How did you hear about our office?** _____

Medical Conditions: (Check all that apply to you)

Arthritis	Cancer	Diabetes	Heart Disease
Hypertension	Psychiatric Illness	Skin Disorder	Stroke
Other _____			

Surgeries: (Check all that apply to you)

Appendectomy	Cardiovascular Procedure	Cervical Spine	Hysterectomy
Joint Replacement	Prostate	Lumbar Spine	Gall Bladder
Brain	Shoulder	Thoracic spine	Knee
Carpal Tunnel	Gastro-intestinal	Uro-genital	Hernia
Other _____			

Allergies: (Check all that apply to you)

Eggs	Fish and Shellfish	Milk or Lactose	Peanuts
Soy	Sulfites	Wheat/Glutens	Other _____

Social History: (Check all that apply to you)

Caffeine use:	occasional	often	never
Drink Alcohol:	occasional	often	never
Exercise:	occasional	often	never
Chew Tobacco:	occasional	often	never
Cigarettes:	<1 pack/day	>1 pack/day	never

Family History: (Check all that apply)

Arthritis:	Parent	Sibling
Cancer:	Parent	Sibling
Diabetes:	Parent	Sibling
Heart Disease	Parent	Sibling
Hypertension	Parent	Sibling
Stroke	Parent	Sibling
Thyroid	Parent	Sibling
Other _____		

Occupational Activities: (Check one that best describes your job description)

Administration	Business Owner	Clerical/Secretary	Computer User
Heavy Equipment operator	Daycare/Childcare	Construction	Health Care
Food Service Industry	Medium Manual Labor	Manufacturing	Home Services
Heavy Manual Labor	Light Manual Labor	Executive/Legal	Housekeeper
Other _____			

Are you pregnant? Yes _____ No _____ N/A _____

By Using the key below, indicate on the body diagram where you are experiencing the following symptoms:

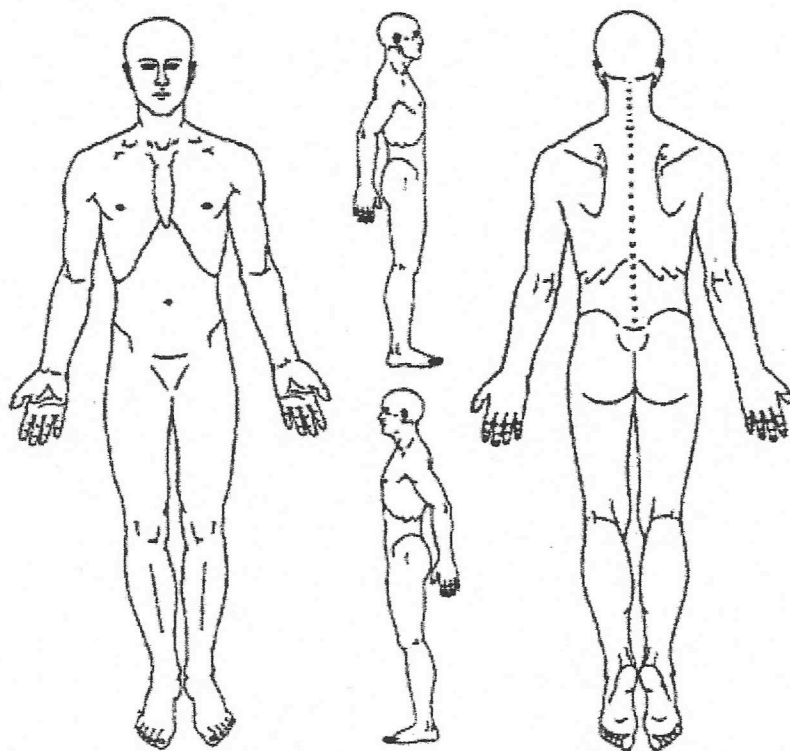
N=Numbness

B=Burning

S=Stabbing

T=Tingling

A=Dull Ache



List your symptoms in order of severity, with worse symptom being #1: _____

When did your symptoms begin? _____

Are your symptoms a result of: Motor Vehicle Accident Work related Accident Other _____

How did your symptoms begin? _____

How often do you experience your symptoms?

Constantly

(76-100% of the day)

Frequently

(51-75% of the day)

Occasionally

(26-50% of the day)

Intermittently

(0-25% of the day)

What describes the nature of your symptoms?

Sharp

Burning

Dull ache

Tingling

Numb

Stabbing

Shooting

Other _____

REVIEW OF SYSTEMS: Please check all that apply

GENERAL

- ☐ Weight loss or gain
- ☐ Fatigue
- ☐ Fever or chills
- ☐ Trouble Sleeping

SKIN

- ☐ Rashes
- ☐ Lumps
- ☐ Itching
- ☐ Dryness
- ☐ Color changes
- ☐ Hair and nail changes

HEAD

- ☐ Headache
- ☐ Head injury
- ☐ Neck pain

EARS

- ☐ Decreased hearing
- ☐ Ringing in ears
- ☐ Earache
- ☐ Drainage

EYES

- ☐ Vision loss and/or changes
- ☐ Glass or contacts
- ☐ Pain
- ☐ Blurry or double vision
- ☐ Redness
- ☐ Glaucoma
- ☐ Cataracts

NOSE

- ☐ Stuffiness
- ☐ Discharge
- ☐ Nosebleeds
- ☐ Sinus Pain

THROAT

- ☐ Bleeding
- ☐ Dentures
- ☐ Sore tongue

NECK

- ☐ Lumps
- ☐ Swollen glands
- ☐ Pain
- ☐ Stiffness

BREASTS

- ☐ Lumps
- ☐ Pain
- ☐ Discharge

RESPIRATORY

- ☐ Cough
- ☐ Sputum
- ☐ Coughing up blood
- ☐ Shortness of breath
- ☐ Painful breathing
- ☐ Wheezing

CARDIOVASCULAR

- ☐ Chest pain or discomfort
- ☐ Tightness
- ☐ Palpitations
- ☐ Difficulty breathing lying down
- ☐ Swelling

GASTROINTESTINAL

- ☐ Swallowing difficulties
- ☐ Change in appetite
- ☐ Nausea
- ☐ Change in bowel habits
- ☐ Constipation
- ☐ Diarrhea
- ☐ Yellow eyes or skin

URINARY

- ☐ Frequency
- ☐ Burning or pain
- ☐ Blood in urine
- ☐ Incontinence

VASCULAR

- ☐ Calf pain with walking
- ☐ Leg cramping

MUSCULOSKELETAL

- ☐ Muscle or joint pain
- ☐ Stiffness
- ☐ Back pain
- ☐ Redness of joints
- ☐ Swelling of joints
- ☐ Trauma

NEUROLOGIC

- ☐ Dizziness
- ☐ Fainting
- ☐ Seizures
- ☐ Weakness
- ☐ Numbness
- ☐ Tingling
- ☐ Tremor

ENDOCRINE

- ☐ Heat or cold intolerance
- ☐ Frequent urination
- ☐ Increased/decreased thirst
- ☐ Change in appetite

PSYCHIATRIC

- ☐ Nervousness
- ☐ Depression
- ☐ Memory Loss

Please list all current medications being taken _____

Consent to Examination at Treatment

The Chiropractic Examination: Prior to receiving chiropractic care, a health history and an examination will be completed to assess your specific condition, overall health and spinal health. These procedures will help in determining if chiropractic care is needed, or if any further examinations or studies are needed. In addition, they will help determine if there is any reason to modify your care or provide you with a referral to another health care provider. All relevant findings will be reported to you along with a care plan at your second visit.

The material risks inherent to your treatment: Every type of healthcare is associated with some risk of potential problem. Chiropractic care is a safe and effective approach for many health conditions, however as with any health care procedure, chiropractic treatments present the risks of complications or negative side effects. Below includes a list of various treatments available and the potential risks associated with these treatments

- **Chiropractic Manipulation Therapy:** The primary treatment used at Art of Health Chiropractic is spinal manipulative therapy. Spinal manipulative therapy includes the use of the doctor's hands or mechanical instruments upon your body in such a way to mobilize your joints. This movement may cause an audible "pop" or "click," such as experienced when you "crack" your knuckles. Risks associated with chiropractic treatments include, but are not limited to, dislocations, sprains, disc injuries, fractures, and strokes. These negative effects are very rare and your doctor has done a careful screening for any contraindications during the consultation and examination. Another more common side effect associated with chiropractic manipulation therapy is some soreness or stiffness following your treatment.
- **Deep Tissue Laser Therapy:** Laser therapy is a safe, non-invasive, FDA cleared modality for the treatment of pain and the temporary increase of microcirculation. Increased microcirculation can provide relief for many acute and chronic conditions. Laser therapy utilizes visible and invisible laser radiation, therefore, appropriate eye protection is required at all times during treatment. Effects of your treatment will continue for up to 18 hours. Individuals respond uniquely to treatment, you may see immediate results after the first treatment or depending on the severity of your condition you may require several treatments before you begin to feel results. Increased soreness may occur after your first laser session. This is a normal healing phenomenon known as retracing. Mild bruising may occur from the soft tissue manual therapy element of your treatment program.
- **Kinesio Taping:** The application of Kinesio Tape may cause skin irritation. Please inform your doctor if your skin is sensitive to adhesives. Improper removal of Kinesio Tape may cause the pulling of body hair, bruising, or slight abrasion. Please follow directions given by the doctor on proper removal of the tape.

It is not reasonable to expect my doctor to be able to anticipate or explain all possible risks and complications of a given procedure on any particular visit, and I wish to rely on the doctor to exercise professional judgment during the course of any procedures which he or she feels at the time to be in my best interest.

I have read and/or the above points have been explained to me to my satisfaction and I have had the opportunity to discuss them with the doctor and/or other clinic personnel.

Patient or Legally Authorized Individual Signature

Date

Art of Health Chiropractic
2823 Bransford Avenue
Nashville, TN 37204

CONSENT TO TREATMENT OF A MINOR

Minor's Name: _____

I, the undersigned, attest that I am the custodial parent or legal guardian of the above-referenced minor ("the minor"), and hereby authorize **Art of Health Chiropractic** to administer treatment as it so deems necessary to the minor. In the event that the minor has received treatment at your practice previous to the date of this consent form, I hereby authorize such treatment in addition to the treatment mentioned above. I further authorize the minor to complete and sign any documents at **Art of Health Chiropractic** which are customarily completed and signed by patients at your practice as a condition to treatment, and such signature shall serve as my own. In no event shall my signature to any other such document have any effect on this consent form.

Name of Custodial Parent/Legal Guardian (please spell clearly): _____

Relationship to the minor:

☐ Parent ☐ Adoptive parent with custody

☐ Guardian by Law. Date Guardianship Commenced: ____/____/____

☐ Other (please specify): _____

Address of Parent/Guardian: _____

Home Phone #: (____) _____ Work Phone #: (____) _____

Signature: _____ Date: ____/____/____

Witness (if any)

Witness' Name: _____

Witness' signature: _____ Date: ____/____/____

PATIENT CONSENT FORM

Regarding the Use & Disclosure of Protected Health Information

For the purposes of this Consent Form, "Office" shall refer to Art of Health Chiropractic.

I understand that some of my health information may be used and/or disclosed by the Office to carry out treatment, payment, or health care operations, and that for a more complete description of such uses and disclosures I should refer to the Office's privacy notice entitled, "Our Privacy Practices." I understand that I may review this privacy notice at any time prior signing this form.

I understand that over time the Office's privacy practices may need to change in accordance with law and that if I wish to obtain a copy of the notice as revised, I can call the Office to request such copy.

I understand that I may request restrictions on how my information is used or disclosed to carry out treatment, payment, or health care operations, and that I can also revoke this Consent in, but only to the extent that the Office has not taken action in reliance thereon and also provided that I do so in writing.

I understand that for my protection, any requests to amend my health information or to access my medical records must be made in writing.

Patient Name (please print): _____

Signature: _____ Date: ____/____/____

Only NAET Patients Need
to Complete this Form

COMMONLY SEEN ALLERGIC CONDITIONS

Please check all that apply

- | | | |
|---|--|---|
| <input type="checkbox"/> Addictions to carbohydrates | <input type="checkbox"/> Bad breath | <input type="checkbox"/> Impulsivity |
| <input type="checkbox"/> Addictions to coffee, chocolate, caffeine, smoking | <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Indigestion |
| <input type="checkbox"/> Addiction to drugs | <input type="checkbox"/> Candida/yeast | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Addiction to food | <input type="checkbox"/> Chronic fatigue | <input type="checkbox"/> Irritable bowel syndrome |
| <input type="checkbox"/> Allergy to chemicals | <input type="checkbox"/> Colitis | <input type="checkbox"/> Leaky gut syndrome |
| <input type="checkbox"/> Allergy to cold | <input type="checkbox"/> Depression | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Allergy to heat | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Nervous stomach |
| <input type="checkbox"/> Allergy to milk products | <input type="checkbox"/> Distractibility | <input type="checkbox"/> Night sweats |
| <input type="checkbox"/> Allergy to mold | <input type="checkbox"/> Dyslexia | <input type="checkbox"/> OCD |
| <input type="checkbox"/> Allergy to peanuts | <input type="checkbox"/> Ear infections | <input type="checkbox"/> Parasitic infestation |
| <input type="checkbox"/> Allergy to penicillin | <input type="checkbox"/> Eating disorders | <input type="checkbox"/> Phobias |
| <input type="checkbox"/> Allergy to pets, animals or humans | <input type="checkbox"/> Eczema | <input type="checkbox"/> Poor appetite |
| <input type="checkbox"/> Allergy to plastics | <input type="checkbox"/> Excessive appetite | <input type="checkbox"/> Poor memory |
| <input type="checkbox"/> Allergy to prescription drugs and immunizations | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Restless leg syndrome |
| <input type="checkbox"/> Allergy to radiation | <input type="checkbox"/> Flatulence | <input type="checkbox"/> Sinusitis |
| <input type="checkbox"/> Allergy to shellfish | <input type="checkbox"/> Food craving | <input type="checkbox"/> Toxicity to mercury |
| <input type="checkbox"/> Allergy to sunlight | <input type="checkbox"/> Frequent colds | <input type="checkbox"/> Toxicity to heavy metal |
| <input type="checkbox"/> Allergy to clothing | <input type="checkbox"/> Frequent infections | |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> General itching | |
| <input type="checkbox"/> Attention deficit | <input type="checkbox"/> Headaches | |
| | <input type="checkbox"/> Hives | |
| | <input type="checkbox"/> Hyperactivity | |
| | <input type="checkbox"/> Hypoglycemia | |